

September '15 Wellness Letter

Dear Patients and Friends,

Happy Birthday Chiropractic! September 18, 2015 marks the 120th Anniversary of the founding of chiropractic. D.D. Palmer was examining a patient on September 18, 1895 when he found a “lump” on the back of his upper spine and he used his hands to “replace” that bone back into alignment with the rest of the spine. This first “chiropractic adjustment” was delivered to a patient named Harvey Lillard. When the adjustment was made Harvey almost immediately regained his hearing.

Dr. Palmer felt that he had discovered the cure for deafness, but with subsequent patients he evaluated and treated in the same manner, many patients did not have their hearing restored. However, their neck pain resolved, their headaches improved and their arm pain disappeared. This began the philosophy, science and art of chiropractic. Chiropractic involves the study of how structure [spinal alignment] dictates function in the body by removing nerve interference as those nerves exit the spine at each level in the spinal column and branch out to control and coordinate all functions of the body.

Despite resistance to chiropractic over the years from many groups, chiropractic has reached 120 years of existence. The early battles to gain acceptance wasn't without sacrifice from the early practitioners. Many of them were jailed for practicing medicine without a license. I have had the opportunity to meet several of these pioneers both while a student and also as a new practitioner [many years ago]. The stories of these people would amaze you of what they sacrificed so patients could have a choice to have chiropractic as part of their health care team. I get to come into my office every day and flip the lights on and go to work caring for patients but only because of the sacrifice of those early Doctors of Chiropractic.

Still growing after 120 years, there are now more chiropractic colleges outside of the U.S. and across the world than there is combined in the U.S. and Canada. We are now seeing multi-disciplinary clinics combining chiropractic, neurosurgery, neurology, orthopedics, physical therapy, acupuncture and massage develop into spine care centers where everyone works together under one roof to provide the best combination of care for the best interest of the patient. We continue to receive referrals from surgeons, PCP's, physical therapists and massage therapists. We are so thankful for their expression of confidence in the care we provide to our patients.

We've come a long way since 1895 but we still have much work to do. We appreciate the opportunity to care for you as well as your family, friends, neighbors and co-workers. Happy birthday chiropractic! May the next 120 years and beyond be even better!

Make it a great day!

Dr. Ed

★ HAPPY ★
BIRTHDAY!